

**Physical Education (K-12)
Western Carolina University**

Minimum of two (2) semester hours is required to fulfill each of the following competencies unless otherwise noted.

Competency		Course Prefix & Number	Course Title	Course Offerings
A	Foundations, Principles, & Practices of Physical Education	HPE 212	Foundations of Health & PE	
B	Kinesiology, Fundamental Motor Skills & Movement Forms	HPE 345	Children's Movement	
C	Anatomy or Physiology	HPE 223	Applied Kinesiology I	
D	Fitness, Nutrition, & Obesity Prevention	HPE 358	Healthy Living	
E	Sports, Physical & Leisure Activities	HPE 253	Sport Education	
		HPE 354	Lifetime Sports I	
		HPE 364	Lifetime Sports II	

Posted: 3/28/2011

Revised: Fall 2010

Course Offering Codes:

F=Fall, S=Spring, SS=Summer Session, UD=Upon Demand
e=even years, o=odd years, ^=online

Course typically offered **on campus** if shaded.

Notes:

- These are typical course offering schedules. Courses are not guaranteed to be offered at these times.
- Please check with the college/university for course availability each semester.
- Some courses require prerequisites be met prior to registration. An asterisk (*) denotes a prerequisite course.
- For more information from this institution, click here, <http://www.wcu.edu/>
- **Courses may require assignments be submitted to Tk20; a subscription to Tk20 may be required (<http://www.wcu.edu/learn/departments-schools-colleges/ceap/suite-201/instructional-technology-support/teacher-ed-portfolio.aspx>).
- 100- to 400-level courses are undergraduate level; 500- and 600-level courses are graduate level (admittance to the WCU Graduate School is required to enroll)

Application information:

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